The American Myth of White Supremacy: A Review of *Myths America Lives By*

Susan VanZanten
*Valparaiso University, Valparaiso, IN*

Follow this and additional works at: https://digitalcommons.augustana.edu/intersections

Part of the Higher Education Commons, and the Religion Commons

Augustana Digital Commons Citation
Available at: https://digitalcommons.augustana.edu/intersections/vol2019/iss50/9

This Book Review is brought to you for free and open access by Augustana Digital Commons. It has been accepted for inclusion in Intersections by an authorized editor of Augustana Digital Commons. For more information, please contact digitalcommons@augustana.edu.
In 1989 a young white woman running through New York’s Central Park was seized, brutally beaten, raped, and dumped in a ravine. Miraculously, she survived, despite extensive injuries and a complete loss of memory. Five black and brown teenagers from Harlem, labeled the Central Park Five, were quickly apprehended and, after twenty-four hours of questioning without legal counsel, confessed to the crime. Although they were all minors, some as young as fourteen, the New York Police Department publicly released their names. Angry demands for punishment filled the local and national media. In subsequent trials, all five were found guilty and swallowed up by the New York prison system. However, they were innocent.

*When They See Us*, a recent Netflix limited series directed by Ava DuVernay, powerfully depicts the circumstances that led to this terrible miscarriage of justice. Korey Wise, Raymond Santana, Yusef Salaam, Kevin Richardson, and Antron McCray were fully exonerated in 2002, thirteen years after the event, when the real rapist confessed and DNA evidence confirmed his guilt. The five adolescents had been convicted without the prosecution presenting any physical evidence, witness identification, or even a coherent account of events. They simply were boys of color in the wrong place at the wrong time. DuVernay’s film depicts the family situations of each of the teens, recounts the events that led to their convictions, and explores the men they have become after their years in prison. *When They See Us* prompts its audience to see five unique individuals rather than a mythic Central Park Five, as created by the assumption of white supremacy, which has fogged the vision of so many for so long.

The United States, historian Richard T. Hughes claims in *Myths America Lives By: White Supremacy and the Stories that Give Us Meaning*, has always embraced the myth of white supremacy, either purposefully or unconsciously. His book provides a detailed historical account of this claim. Institutions of higher education pledged to be guided by Lutheran thought must explore the ways in which white supremacy marks both American history and our current social reality. DuVernay’s film and Hughes’s book offer riveting entrees to such conversations.

While diversity, equity, and inclusion are commonplace priorities in American higher education today, Lutheran theological values should ground, shape, and inspire efforts to achieve such goals. As Darrell Jodock writes about the goals of Lutheran higher education, “Taken individually... [our] educational priorities may not be distinctive, but they...
become so when shaped and informed by Lutheran values” (12). Our values, what we say we believe about human beings, can either create or obstruct the ways that we treat each other and form communities. Three values providing a theological foundation for resistance to the myth of white supremacy are the classic Lutheran freedom _from_ having to save oneself and freedom _for_ a life of service, the call to see those we think of as Others as actually our neighbors, and finally a commitment to justice based on God’s unmerited love and concern for all.

In _Myths America Lives By_, Hughes identifies what he calls “national myths”—stories shared by the American people that convey, reinforce, and affirm a commonly shared conviction regarding the nation’s meaning and purpose. Without an established church establishing a common narrative, Hughes claims, the United States grounds its values and identity in five myths: the Chosen Nation, Nature’s Nation, Christian Nation, Millennial Nation, and Innocent Nation. All grew out of Christian roots, Hughes asserts. As a Chosen Nation, America was selected by God to proclaim the truth of democracy and freedom to the world. As Nature’s Nation, its ideals are rooted in God’s intentions in creation or in the natural order of things. As a Christian Nation, it is consistently guided by Christian values. Finally, as a Millennial Nation, it is destined to become an exemplar of freedom and democracy that inspires the rest of the world and brings about the end of time. These five myths, as Hughes readily admits, are complexly intertwined. The original Chosen Nation rhetoric, for example, arose with the Puritan settlers, and relied on their millennial vision to create a Christian nation to serve as a city on a hill for the rest of the world. America as Nature’s Nation originated with the idea of a perfect world created by God but in the Enlightenment morphed into a belief in a natural order discernable through reason and science. Finally, the Innocent Nation myth assumes that the nobility of America’s cause established in the previous four myths always redeems and justifies its actions.

Hughes’s account of these influential stories of American identity is not groundbreaking. However, what is more unusual and contentious is Hughes’s assertion that all these myths are informed by “the primal myth of White Supremacy” and that one of the chief functions of the five myths is to protect and obscure that primal myth. He backs up that claim by identifying and naming the racist elements pervading the other myths. For example, Puritan self-identification as a Chosen People meant that others, especially the indigenous peoples already inhabiting North America, were cast as non-human devils; the eighteenth-century idea of “men” in the natural order deliberately, after much debate and compromise during the Constitutional Convention, excluded African people. The concept of the “natural” or “created” order was employed in the nineteenth century to “prove” the inferiority of black people; and the Christian millennial vision was white-washed, leaving people of color out of a nation defined by freedom and democracy.

“While diversity, equity, and inclusion are commonplace priorities in American higher education today, Lutheran theological values should ground, shape, and inspire efforts to achieve such goals.”

These myths were perpetuated by racist acts and words, as numerous examples illustrate. Hughes recounts the brutal realities of slavery, lynching, Native American displacement, immigrant exclusion acts, and racially
skewed incarceration rates. He also cites the racist rhetoric and assumptions of many American leaders. Even those founding fathers who opposed the institution of slavery frequently operated with an explicit assumption of white supremacy. Thomas Jefferson not only wrote “all men are created equal” and attempted to condemn slavery in his first draft of the Declaration of Independence, but also believed that blacks were “inferior to ... whites in the endowments both of body and mind” (qtd. in Hughes 75). Abraham Lincoln not only issued the Emancipation Proclamation, but also stated in his debate with Stephen Douglas:

There is a physical difference between the white and black races which I believe will forever forbid the two races living together on terms of social and political equality. And inasmuch as they cannot so live, while they do remain together there must be the position of superior and inferior, and I...am in favor of having the superior position assigned to the white race. (qtd. in Hughes 14)

Hughes also presents a range of dissenting voices critiquing the national myths, including David Walker, Frederick Douglass, Black Elk, Anna J. Cooper, Ida B. Wells, W.E.B. DuBois, Martin Luther King Jr., Malcolm X, and Ta-Nehisi Coates. The book could well be called, When They Hear Us.

Despite Hughes’s unrelenting account of the racist elements permeating the other myths, he still thinks that these myths—with the exception of the myth of innocence and the myth of white supremacy—can be salvaged if they are re-interpreted and stripped of their racist elements. He wants to hold onto what he terms “the American Creed,” that is, the primary meaning of America established in the Declaration of Independence that “all men are created equal” and are “endowed by their Creator with certain unalienable rights,” including “Life, Liberty, and the Pursuit of Happiness.” Hughes thus joins many thinkers in positing that the founding documents of the United States, including the Constitution, affirm values opposed to slavery and represent an ideal that the country has yet to achieve.

The great abolitionist Frederick Douglass eventually took such a position himself. As a young, recently escaped former slave in the 1840s, Douglass first gained national prominence as a powerful orator for William Garrison’s American Anti-Slavery Society, which held that the Constitution was a pro-slavery document. But in 1851 Douglass dramatically broke with Garrison, arguing that those who claimed the Constitution supported slavery were misreading it. The Constitution, Douglass now affirmed, had “noble purposes,” which were “avowed in its preamble” whose words about liberty rendered it an “instrument” that could be “wielded in behalf of emancipation” (“Change”). Douglass’s about-face on interpreting the Constitution, Philip Foner has argued, allowed him to appeal to a wider segment of the American public. By embracing the founding myth of freedom (another key American story), Douglass could become a participant in American society rather than an insurgent. Yet the shift in Douglass’s perspective also stems from the fact that the Constitution is a deeply contradictory document that affirms human equality and freedom in its preamble, never mentions the word slavery, and yet includes the notorious three-fifths clause.

“The Constitution is a deeply contradictory document that affirms human equality and freedom in its preamble, never mentions the word slavery, and yet includes the notorious three-fifths clause.”

Hughes joins many thinkers in positing that the founding documents of the United States, including the Constitution, affirm values opposed to slavery and represent an ideal that the country has yet to achieve.

and the myth of white supremacy—can be salvaged if they are re-interpreted and stripped of their racist elements. He wants to hold onto what he terms “the American Creed,” that is, the primary meaning of America established in the Declaration of Independence that “all men are created equal” and are “endowed by their Creator with certain unalienable rights,” including “Life, Liberty, and the Pursuit of Happiness.” Hughes thus joins many thinkers in positing that the founding documents of the United States, including the Constitution, affirm values opposed to slavery and represent an ideal that the country has yet to achieve.

The great abolitionist Frederick Douglass eventually took such a position himself. As a young, recently escaped former slave in the 1840s, Douglass first gained national prominence as a powerful orator for William Garrison’s American Anti-Slavery Society, which held that the Constitution was a pro-slavery document. But in 1851 Douglass dramatically broke with Garrison, arguing that those who claimed the Constitution supported slavery were misreading it. The Constitution, Douglass now affirmed, had “noble purposes,” which were “avowed in its preamble” whose words about liberty rendered it an “instrument” that could be “wielded in behalf of emancipation” (“Change”). Douglass’s about-face on interpreting the Constitution, Philip Foner has argued, allowed him to appeal to a wider segment of the American public. By embracing the founding myth of freedom (another key American story), Douglass could become a participant in American society rather than an insurgent. Yet the shift in Douglass’s perspective also stems from the fact that the Constitution is a deeply contradictory document that affirms human equality and freedom in its preamble, never mentions the word slavery, and yet includes the notorious three-fifths clause.

The “richest possible meaning of the Great American Myths,” says Hughes, would support true equality and freedom. But why should we try to keep these myths?
What value lies in embracing the idea of Americans as a Chosen People or terming the United States as a “Christian nation”? On the one hand, Hughes wants to insist that white supremacy is a “primal myth,” one that does more than “merely overlap and connect with the other American myths.” On the other hand, he suggests that four of the myths can be salvaged, if re-interpreted. I’m not sure you can have it both ways.

A better way forward is to acknowledge and repent of what many call our nation’s ‘original sin’—the Constitution’s sanctioning of slavery, as well as Christendom’s all-too-frequent complicity with white supremacy. While communities need narratives or stories to hold them together, form their identity, and provide a vision for the future, such accounts should acknowledge failures as well as ideals. National myths tend to shy away from such confession. But need they? With a more complete knowledge of the atrocities of American history and the differing ways in which whites and people of color view that history (both of which this book expertly provides), we might be able to craft a new national myth. If white supremacy and racism are in the DNA of the United States, genetic modification needs to occur. However, that same American DNA also includes an unprecedented revolutionary commitment to the myth of human equality and freedom that appears in every era, as the contending voices that Hughes peppers throughout his pages demonstrate so well. Perhaps it’s time to jettison some of the other myths.

Nonetheless, the myth of white supremacy, as Hughes shows, is deeply embedded both in American culture and in American Christianity, which makes its recognition and extermination so crucial for Lutheran colleges and universities. American Christians have too often confused national myths with the Christian myth. Hughes’s account of the Christian roots of the five myths helps us to understand why such confusion ensues, but our sinful tendency to pride and selfishness also plays a key role. Historical Christianity unquestionably bears the mark of white supremacy. Ideal Christianity, I believe, denies that mark in favor of the *imago dei* found in every human being. White supremacy may be a primal American myth, but it is not a primal Christian myth. Consequently, distinguishing America’s troubled civil religion from orthodox Christian belief—or, as Frederick Douglass put it, “The Christianity of the land and the Christianity of Christ”—is an urgent imperative in today’s racially divided world. Hughes’s book offers a helpful primer for the task.

**Works Cited**


———. *Narrative of The Life of Frederick Douglass, An American Slave, Written by Himself*. 1845.


